Quarterly Newsletter

Vol. 16 · July – September 2026



ATHLETE SPOTLIGHT

Bronze in Nagoya.

Dharmveer Choudhary's journey from international preparation to India's Men's 4×400m relay podium.

Small steps. Lasting impact.

This quarter marked a shift from building to delivering.

Across every programme, our focus moved from setting things up to making them last. That means stronger partnerships, deeper support for athletes, and systems that let them thrive on and off the field. We saw that progress in medals and milestones. We saw it just as clearly in the growing confidence, skills and ambition of the athletes we work with.

None of this happens alone. To our athletes, partners, donors and team: thank you for believing that sport can change lives.

The next quarter is about putting these foundations into action. We hope you'll stay with us for it.

Quarter Highlights

100
girl athletes selected for education scholarships, 2026–27

400+
grassroots athletes will benefit from multi-year grant partnerships

15
states represented in the scholarship cohort

₹70L
raised from individual donors and CSR

5
new partnerships enabled this quarter

Female Athlete Health Initiative

Building on several years of work with female athletes, coaches and sporting organisations, the Female Athlete Health Initiative underwent a significant transformation during this quarter. The focus began to expand from direct athlete education towards building the capacity of professionals working around female athletes, while continuing to strengthen the research, education and knowledge ecosystem supporting this work.



1 Building the Female Athlete Health Certification



A major focus of the quarter was the development of the Female Athlete Health Certification, conceived as the next step in the Initiative's capacity-building journey. The programme is designed to equip sports scientists and professionals working with athletes with the knowledge and practical capability to recognise, respond to and appropriately support female athlete health concerns within their professional scope, while understanding when referral and multidisciplinary support are required. The quarter was primarily focused on establishing the foundation required to take the programme from concept to launch. This included:

- Developing the overall programme framework and learning architecture across seven areas of female athlete health.
- Developed the Female Athlete Health Certification, including the curriculum, expert faculty, capstone and assessment framework.
- Progressed international expert engagement with Liverpool John Moores University and Stanford Female Athlete Science and Translational Research Program.

The programme is now in the final stages of preparation, with the first cohort planned for launch in the coming months.

2 Expanding Simply Learn at Simply Sport Badminton Academy

During the quarter, the Initiative also expanded its Simply Learn education sessions at Simply Sport Badminton Academy, creating a structured space for athletes and parents to build practical understanding around aspects of female athlete health.

Five sessions have been conducted to date, engaging junior and senior female athletes as well as parents. Sessions have covered areas including:

- Menstruation and sport
- Mental health and wellbeing
- Nutrition for young athletes

The sessions are designed to move beyond one-time awareness by helping athletes and the adults supporting them understand their health, recognise concerns earlier and communicate more confidently about issues that can affect participation, training and wellbeing. The programme also provides an opportunity to understand the questions and challenges emerging directly from athletes and sporting families, which can inform future education and resource development.



3 Stanford FASTR Knowledge Partnership

The Initiative formalised its knowledge collaboration with the Stanford Female Athlete Science and Translational Research Program (FASTR) during the quarter. As part of this collaboration, SSF has begun translating selected FASTR educational resources into Hindi and Marathi. This is an important step towards making evidence-based female athlete health information more accessible to athletes, coaches and sporting communities beyond English-speaking audiences.

The work aims to ensure that access to reliable information is not limited by language and that knowledge generated internationally can be made more relevant and accessible within the Indian sporting context.

MEMORANDUM OF UNDERSTANDING
(MOU)

BETWEEN

FEMALE ATHLETE SCIENCE AND
TRANSLATIONAL RESEARCH (FASTR)
PROGRAM

AND

SIMPLY SPORT FOUNDATION

4 French Translation of the Simply Periods Handbook

The Initiative was also approached by the French Badminton Federation regarding translation of the Simply Periods Handbook into French. The translation is currently in progress and represents an opportunity for an SSF-developed educational resource to reach sporting communities beyond India. It also reflects the wider potential of the Initiative's resources to support female athlete health education across different sporting contexts.

5 Publication of BWF-Supported Research



Menstrual cycle perspectives in elit
Indian female badminton athletes a
coaches: A qualitative focus group

Tanugatri Majumder[1,2], Dola Saha[3], Dionne A
and Øyvind Sandbakk[5,6]

Abstract

Objective: To explore how elite Indian female badminton athletes and the
influence on training and performance, and the communication dynamics sur
Methods: Eight elite female athletes and six national-level coaches from th
pated in separate FGDs. Discussions were moderated by an all-female rese
and thematically analysed using an inductive approach.
Results: Five themes emerged: (1) perceived relevance of the MC in elite b
and performance, (3) MC-related practices and integration into training plan
in training settings, and (5) personal reflections through lived experiences.
physical and emotional states but reported persistent discomfort discussing t
growing awareness but limited phase-specific understanding and tended to
both groups, "open conversation" emerged as a shared indicator of progre
Conclusion: Despite increasing awareness, the MC remains under-discu
within the Indian elite badminton community. Findings underscore the neec
munication strategies, and individualised training modifications. Embedding t
promote athlete well-being, equitable communication, and sustainable perfo

A significant research milestone during the quarter was the publication of the study "Menstrual Cycle Perspectives in Elite Indian Female Badminton Athletes and Coaches: A Qualitative Focus Group Study" in the International Journal of Sports Science & Coaching. The research, supported by the Badminton World Federation (BWF) and operationally supported by Simply Sport Foundation, explored the experiences and perspectives of elite Indian female badminton athletes and coaches around menstrual health.

The publication strengthens the evidence base on female athlete health in the Indian sporting context and builds on the Initiative's broader approach of combining field experience, athlete perspectives and research to inform education and programme development.

6 Khel Khel Mein: Female Athlete Health and Nutrition Study

From 23–25 September 2026, the team travelled to Delhi for the Khel Khel Mein engagement, which combined data collection with athlete education. The work involved female athletes from the Community and Excellence Programmes and focused on menstruation and nutrition. The engagement included:

- Collection of athlete health and nutrition-related information.
- Engagement with athletes through structured discussions and assessments.
- Interactive education sessions on menstruation and nutrition.
- Use of the engagement to better understand the experiences, knowledge and support needs of female athletes within the programme.

The work contributes to the Initiative's broader objective of generating context-specific evidence that can inform practical programme design and support systems for female athletes.



Strengthening the Evidence-to-Practice Model

Across the quarter, the different strands of work increasingly came together into a more connected model for the Female Athlete Health Initiative.

The quarter therefore represented an important transition for the Initiative. While athlete-facing education through programmes such as Simply Learn continued, greater emphasis was placed on building the knowledge, resources and professional capacity required to create longer-term change in how female athletes are supported.

The next quarter will focus on taking this foundation towards implementation, including the launch of the Female Athlete Health Certification, continued delivery of Simply Learn, completion and dissemination of translated resources, and further development of research and knowledge partnerships.



Grassroots Development Program

This quarter marked an important transition for Simply Sport Foundation's Grassroots Development Program, from selecting and onboarding partners and athletes to putting structured, longer-term support systems in place. Across the quarter, SSF progressed its **Multi-Year Grant Partnership Program with three grassroots organisations, completed the selection and verification of 100 girl athlete scholars, and continued individual support for six high-performance athletes.**

Multi-year Grant Partnerships

SSF began a new three-year partnership journey with **Vidya The Living School, Footy Femmes, and the Javelin Throw & High Jump Society** during the quarter. The partnership goes beyond financial support, focusing on strengthening the organisations and the environments in which young athletes train and develop.



Vidya: The Living School

A community-led school in Dhemaji, Assam, empowering children from underserved communities through education, sports and experiential learning. Its programmes develop confidence, leadership, teamwork and overall well-being while creating opportunities both on and off the field.



Footy Femmes

A grassroots football programme in Delhi-NCR that supports underprivileged and marginalised girls through regular coaching, nutrition and life-skills development. It promotes confidence, leadership, well-being and gender equality while nurturing future competitive footballers.



Javelin Throw & High Jump Society, Bangaon

A grassroots athletics academy in Bangaon, Haryana, nurturing young talent in javelin throw and high jump. Through structured coaching, technical guidance and competitive exposure, it prepares athletes to compete at state, national and international levels.

The Girl Athlete Scholarships



The Girl Athlete Scholarship Program reached an important milestone this quarter with 100 athletes selected from 300+ applications received from across India. Selection considered sporting performance, education and family background, with priority given to athletes from underserved communities. The cohort represents athletes from 15 states and 20+ sports. The program will provide a scholarship of ₹10,000 for each athlete for their education, alongside continued monitoring of their sporting and academic progress.

Participation level of the athletes

12%
International level

58%
National level

29%
State level

1%
District level

Individual Athlete Support



From Athlete Support to an Asian Games Podium: Dharmveer Choudhary wins Asian Games bronze

The standout sporting achievement of the quarter came from **SSF-supported 400m athlete Dharmveer Choudhary**, who represented India at the **2026 Asian Games in Aichi-Nagoya, Japan**. In July, Dharmveer was part of a 45-day international training block at the Olympic Sports Center in Spała, Poland, as part of an Athletics Federation of India contingent, preparing for the national competitions that would determine his Asian Games pathway. By September, he had travelled to Japan as part of the Indian squad.

On **29 September**, Dharmveer completed that journey on the podium. Together with **Manu TS, Jay Kumar and Vishal TK**, Dharmveer helped India win the **bronze medal in the men's 4×400m relay**, clocking **3:01.61**. Japan won gold in 3:00.75 and Qatar took silver in 3:00.93.

> **From international preparation to the Asian Games podium — Dharmveer's bronze marks a major milestone in SSF's individual athlete support journey.**



Performances from the Badminton Athletes

SSF also continued structured support for **five badminton athletes — Saneeth Dayanand, Tasnim Mir, Alap Mishra, Orijit Chaliha and Harshad Shadish.**

Achievement highlights



Saneeth Dayanand continued competing on the international circuit, featuring at the **YONEX Canada Open, YONEX Taipei Open and VICTOR Korea Masters.**



Tasnim Mir reached the **quarter-finals of the PETRONAS Malaysia International Challenge 2026**, her strongest result in the quarter.



Alap Mishra secured a **third-place finish at the Philippine International Challenge 2026.**



Orijit Chaliha won **team gold and individual silver at the North-East Zone Interstate Championship 2026.**



Harshad Shadish won both the **team and individual titles at the 80th South Zone Championship**, following his qualification for the selection trials for the **BWF World Junior Championships 2026**.

These performances reflect the broader purpose of SSF's Athlete Support Program: providing athletes with sustained support as they navigate national and international competitive pathways.

PIVOT 1.0 & 2.0

From Building the Foundation to Preparing for the Next Chapter

The July–September quarter marked an important transition for PIVOT. As the first cohort moved closer to graduation, the programme shifted from learning and preparation towards application, employment and career transition. At the same time, work on PIVOT 2.0 gathered momentum, with a stronger focus on academic certification and building a more structured pathway for female athletes beyond sport.



Building PIVOT 2.0



A major focus this quarter was shaping PIVOT 2.0 as a 25-week General Management and Employability Programme for female athletes. Conversations were initiated with leading institutions including IIM Indore, FLAME University, ISB Hyderabad, JAIN University and Manipal Academy of Higher Education, while a wider pipeline of more than 50 universities was identified for future engagement. By September, the partnership with IIM Indore had progressed significantly, and Rajesh joined the PIVOT team to lead Education and Academic Partnerships, strengthening the programme's capacity to build its certification, curriculum, admissions and scholarship framework.

From Learning to Career Readiness

For the current cohort, the quarter focused on translating learning into practical career readiness. Athletes worked on resume building, goal setting and mock interviews, helping them identify transferable skills from sport, communicate their experiences in a professional context and develop clearer short- and medium-term career goals. Interview preparation was also aligned to potential opportunities with India Khelo Football and Godrej, moving the programme from employability preparation towards real employment pathways.



Ideas in Action

The quarter also saw the inaugural PIVOT Pitch Fest, where four athlete-led teams presented business ideas developed over the previous six months. The experience gave participants an opportunity to demonstrate problem-solving, teamwork, communication and entrepreneurial thinking, while applying many of the skills developed through PIVOT in a real-world setting.



Preparing for Graduation



With the final Bootcamp scheduled for 30–31 October at Anantapur Sports Academy, preparations began for the culmination of the 2026 cohort. The graduation experience is being designed around three themes — Look Back, Celebrate and Look Ahead — recognising the athletes' journey while helping them prepare for what comes next. Alongside this, work began on the PIVOT Annual Report, which will capture not just programme activities, but the changes in athletes' confidence, skills, career aspirations and readiness to transition beyond sport.

Looking Ahead

The next phase of PIVOT will bring together two important priorities: supporting the current cohort into employment and post-programme opportunities, while building the academic and institutional foundation for PIVOT 2.0. The quarter therefore represented more than progress on individual activities; it marked PIVOT's shift from a pilot model towards a more structured and sustainable career-transition pathway for female athletes.



Simply Sport Badminton Academy

Simply Sport Badminton Academy (SSBA) is now fully operational, with structured training across multiple batches and age categories. The academy currently caters to **61 athletes**, comprising 35 in the Senior Elite batch and 26 across the Junior Elite and Junior Advanced batches. The academy has started catering to beginners and also begun welcoming athletes from outside India for short-term training stints, reflecting its growing appeal as a training destination.



Professional Athlete Support

With the support of our donors, Simply Sport Foundation has committed individual athlete support to five SSBA athletes across the junior and senior competitive pathways. All five athletes have signed support agreements, establishing a structured support relationship through December 2027. Each athlete will receive quarterly financial assistance over six quarters, tailored to their individual competitive and developmental needs.

The support is structured across two tiers based on each athlete's competitive standing:

JUNIOR COMPETITIVE PATHWAY



₹3,00,000
in total support

Harshad Shadish

SENIOR INTERNATIONAL PATHWAY



Orijit Chaliha



Alap Mishra



Saneeth Dayanand



Tasnim Mir

₹6,00,000 each
in total support

Orijit Chaliha, Alap Mishra, Saneeth Dayanand and Tasnim Mir, competing on the senior international BWF circuit.

₹21,00,000
TOTAL COMMITMENT

This represents a total commitment of **₹21,00,000** from Simply Sport Foundation towards the five athletes. The funding will support tournament travel, sports science, nutrition and equipment — essential competition-related expenses that directly influence an athlete's ability to prepare, compete and progress at the international level.

New Partnerships this Quarter

1 Advancing female athlete health in India, together.

Stanford FASTR Program and Simply Sport Foundation are collaborating to advance women's health in sport within the Indian sporting ecosystem. This collaboration brings together FASTR's expertise in female athlete science and research with Simply Sport Foundation's experience working with athletes and sporting systems across India.

Together, we will focus on three areas:

01

Developing Women's Health Guidelines for Indian Sport

Creating evidence-based guidelines contextualised for national sports federations, training centres and residential academies in India.

02

Making female athlete health science more accessible

Co-creating educational sessions that translate research into practical knowledge relevant to the Indian sporting context.

03

Taking knowledge beyond English

Translating and contextualising selected FASTR educational resources into Hindi and Marathi, helping credible female athlete health information reach more athletes, coaches and practitioners.

At the heart of this collaboration is a shared ambition: to help bridge the gap between science and practice and contribute towards sporting environments that better understand and support the health of female athletes.

> **Because increasing women's participation in sport is only part of the journey. We also need to build sporting systems that enable female athletes to thrive.**

2 Strengthening Athlete Career Transitions with Zerodha

This quarter marked a significant milestone for Pivot, Simply Sport Foundation's career transition programme for athletes, with two strategic partnerships coming together to strengthen the pathway from sport to meaningful careers.

SSF is developing a customised General Management programme designed specifically for athletes. The 25-week programme combines management education with the realities of an athlete's transition from competitive sport, covering areas such as leadership, communication, business acumen, financial literacy, digital and AI productivity, strategic thinking, personal branding and employability.

Delivered through a hybrid format with learning sessions and campus immersions, the programme will provide athletes with both a formal credential and practical preparation for life beyond sport. Supporting this ambition is Rainmatter by Zerodha, whose partnership with SSF is helping build Pivot into a long-term, scalable athlete career-transition platform. Beyond financial support, the partnership is being designed to strengthen athletes' exposure to the workplace and create tangible employment pathways, including internship opportunities within the Zerodha ecosystem.

The first cohort will bring together 30 current, transitioning and former athletes, with the programme expected to commence in early 2027. Over the next three years, SSF aims to enable 90 athletes to access high-quality management education, professional networks and career opportunities.

Together, these partnerships represent an important shift in how athlete transition is approached: not simply helping athletes find their next job, but equipping them with the education, skills, networks and opportunities to build meaningful second careers.

At a glance

25
week General Management programme

30
athletes in the first cohort

90
athletes to be enabled over the next three years

2027
programme expected to commence early in the year

3 Khel Khel Mein Foundation × Simply Sport Foundation

This quarter, Simply Sport Foundation partnered with Khel Khel Mein Foundation to strengthen nutrition and health support for female athletes through a more structured, evidence-led approach.

The initiative will begin with a comprehensive baseline assessment covering body composition, aerobic fitness, dietary intake, menstrual health and risk of Low Energy Availability (LEA). It will combine physiological assessments, three-day dietary recalls and qualitative interviews with athletes, coaches and kitchen staff to build a fuller picture of the athlete health and nutrition environment.

The findings will then inform practical workshops for both athletes and coaches, focusing on nutrition, menstrual health, mental wellbeing, recovery and recognising signs of inadequate fuelling and LEA. Coaches will also be supported to establish a simple monitoring system that can be sustained within the training environment.

Through this partnership, SSF and Khel Khel Mein Foundation aim to move beyond one-off awareness sessions towards a model that combines assessment, education, data and ongoing monitoring — helping create healthier and more performance-supportive environments for female athletes.



4 BWF Grant for Female Athlete Mental Health Research

This quarter, Simply Sport Foundation received a USD 6,000 research grant from the Badminton World Federation (BWF) to support a study focused specifically on the mental health and wellbeing of female athletes.



The research, being undertaken with Samiksha, will explore the psychological experiences of female athletes and the factors that shape their wellbeing across different stages of their sporting journey. The aim is to build stronger evidence around an area that remains under-researched, particularly in the Indian context.

The study will place female athlete voices at the centre and seek to generate practical insights that can inform how coaches, federations and sporting organisations identify challenges, create supportive environments and strengthen mental health systems within sport. For SSF, the grant also represents an important extension of our female athlete health work — broadening the conversation beyond menstrual and physical health to include mental wellbeing as a core component of athlete health and performance.

This research further strengthens SSF's partnership with BWF and our shared commitment to building more informed, responsive and athlete-centred sporting systems.

5 UNESCO × Nike — *Kickstart Your Future*

This quarter, Simply Sport Foundation joined UNESCO and Nike as an implementing partner for the *Kickstart Your Future* project, an initiative focused on creating safer, more inclusive and more enabling sporting environments for girls and young women.

SSF will work alongside Sports Village Foundation and Pro Sport Development, the other implementing partners on the project, bringing together complementary expertise in grassroots sport, safeguarding, gender inclusion and athlete development.

SSF's role will centre on strengthening the ecosystem around girls in sport through the development and contextualisation of practical resources for girls, parents, coaches and facilitators. The work will focus on areas such as safeguarding, wellbeing, life skills and coach capacity building, helping ensure that girls are not only able to enter sport, but are also supported to stay, grow and thrive within it.

The partnership reflects a shared commitment to addressing the barriers girls continue to face in sport and to building systems that are more responsive to their needs at every level.

For SSF, *Kickstart Your Future* is an important opportunity to take our experience in female athlete health, safety and development and translate it into tools and approaches that can support girls at scale across India.



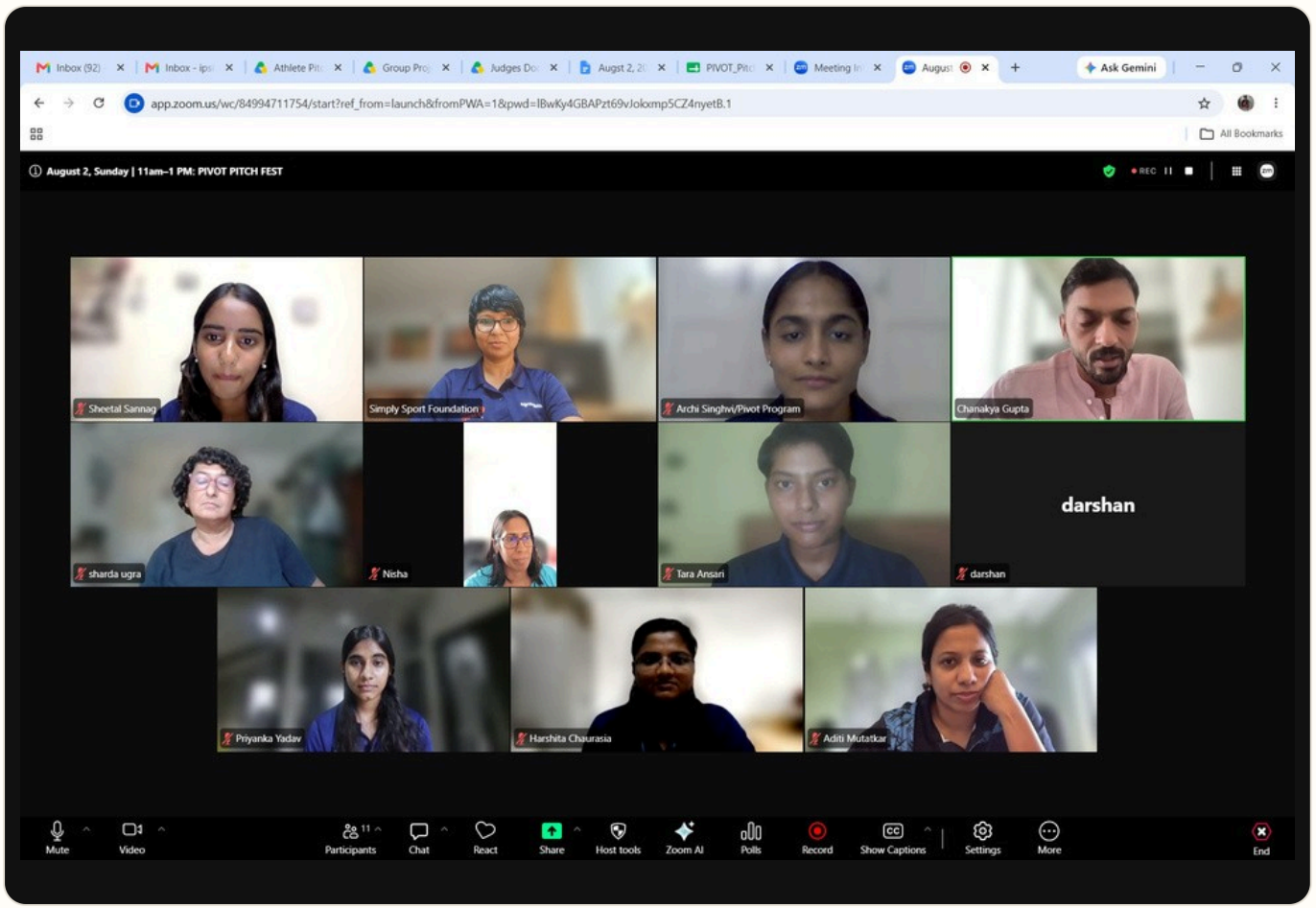
Events at SSF

PIVOT Pitch Fest 2026: Athletes Turn Ideas into Action

On 2 August 2026, PIVOT participants came together for the PIVOT Pitch Fest, bringing six months of learning, collaboration and problem-solving to the stage. Across the programme, athlete-led teams worked on real-world challenges, taking their ideas from problem statements through research, solution design, execution planning and financial thinking, before presenting them as final pitches.

The teams presented their ideas to an accomplished judging panel comprising Sharda Ugra, one of India's leading sports journalists; Nisha Millet, Olympian, coach and athlete-development leader; and Chanakya Gupta, entrepreneur and former leader at Flipkart, Curefit and Cult Play. Together, the judges brought perspectives spanning sport, athlete experience, storytelling, business, entrepreneurship and scalability.

The Pitch Fest was more than a final presentation. It gave athletes the opportunity to demonstrate skills central to successful career transitions — critical thinking, teamwork, communication, financial planning, problem-solving and the ability to turn an idea into an executable proposition. For SSF, the event reflected the larger ambition of PIVOT: ensuring that the qualities athletes develop through sport can be translated into confidence, capability and opportunity beyond the field of play.



PIVOT PITCH FEST · 2 AUGUST 2026 · HELD ONLINE

Success Stories from our Ecosystem

1 Confidence, Conviction and Ideas That Can Move the Needle

The strongest validation of the PIVOT Pitch Fest 2026 came from the judges themselves. Across the four athlete-led pitches, **Sharda Ugra**, **Nisha Millet** and **Chanakya Gupta** saw not just promising ideas, but a visible transformation in the athletes presenting them — greater confidence, sharper problem-solving, stronger entrepreneurial thinking and the ability to defend their ideas with conviction.

For Chanakya Gupta, what stood out was the combination of passion and depth of thinking behind each proposition. He highlighted how the athletes had been able to channel their experience and energy into ventures with the potential to create meaningful impact in women's sport.

Ugra reflected on the confidence and freedom with which the athletes expressed themselves, particularly given that many had come into sport from small towns and varied social environments. For her, their ability to speak openly, collaborate, believe in their ideas and defend them was a powerful demonstration of how the programme had enabled them to grow into their own identities.

Nisha Millet similarly highlighted the confidence, entrepreneurial mindset and problem-solving abilities demonstrated by all four groups. She noted how athletes from different sporting backgrounds had developed an understanding of what it takes to build a business from the ground up and translate an idea into a compelling proposition. Together, their reflections captured what PIVOT set out to achieve: help athletes recognise that the skills forged through sport can become the foundation for leadership, entrepreneurship and meaningful careers beyond competition.



Chanakya Gupta
Entrepreneur



Sharda Ugra
Sports journalist



Nisha Millet
Olympian & coach

> *The passion these former athletes brought to their business cases — and the depth of thinking behind each proposition — was truly inspiring.*
>
> CHANAKYA GUPTA

> *Here the girls were on their screens, outspoken, unfettered, with a steadfast belief in themselves, their ability to work with each other and in the power of their ideas.*
>
> SHARDA UGRA

> *I loved their confidence during the presentation and their newly honed entrepreneurial mindset and problem-solving skills.*
>
> NISHA MILLET

2 Simply Periods Expands Its Global Reach

This quarter, the French Badminton Federation (FFBaD) finalised the French translation of the Simply Periods Handbook, marking an important step in taking SSF's menstrual health work to a wider international audience. The handbook was developed to help athletes, coaches and sporting organisations better understand menstruation, its impact on health and performance, and the practical support female athletes need within sporting environments.

The French edition will make this knowledge more accessible to athletes and practitioners across French-speaking badminton communities, while retaining the scientific accuracy, practical guidance and athlete-centred approach of the original resource. For Simply Sport Foundation, this represents more than a translation. It is a strong indication that menstrual health is increasingly being recognised as a core component of athlete wellbeing and performance globally — and that resources developed in India can contribute meaningfully to that conversation.

The collaboration with FFBaD also strengthens the international journey of Simply Periods, as SSF continues to work with sporting organisations to make menstrual health education more accessible, relevant and embedded within sport systems.

3 Charting Her Own Course: Lahari Kommaravelly

For Lahari Kommaravelly, the water is where she feels most alive. Training at the Yacht Club of Hyderabad, the young international sailor has found more than a sport. Sailing has given her confidence, discipline and the courage to face challenges.



Her dreams are big: to win medals for India at the Asian Games and Olympics. Driven by her coaches, family and club, she treats every race as a reason to push harder.

Lahari's ambitions also reach beyond the podium. She wants to prove that, with hard work and the right opportunities, girls from any background can achieve great things. She hopes to guide young athletes into sailing, especially girls from underprivileged communities.

Alongside training, she is preparing for her Class 10 exams. She believes education and sport together will shape her into a responsible, independent person.

> **Supported by Simply Sport Foundation's Girl Athlete Scholarship Programme, Lahari is charting her course.**

Sponsor a girl athlete.
Build her future.

SIMPLY SPORT

300+ girls applied for this year's Girl Athlete Education Scholarship. We could support 100.



₹10,000 FUNDS ONE GIRL'S SCHOLARSHIP

Our scholars come from 15 states and play 20+ sports, many from underserved communities where the cost of school forces a choice between education and sport. Your gift keeps her in school while she trains, and we track her sporting and academic progress through the year.

WAYS TO GIVE

₹10,000 · one girl ₹50,000 · five girls ₹1,00,000 · ten girls

CSR partnerships welcome — get in touch.

DONATE NOW

Scan to sponsor a scholar

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